GETTING HELP IN GREATER CHARLOTTESVILLE

Community Resource Line: 434-234-4490
Screening for emergency housing programs and funds. Call Mo-Fri, 10am-2pm—NO voicemails.

To update this information sheet, e-mail executivedirector@tjac.org.

PUBLIC MEALS

Breakfast: The Haven #2 on map, 112 W Market St.
7 Days a Week; Breakfast 7:30 am

Lunch: weekdays noon-1:00pm
Monday: First United Methodist, 101 E Jefferson St
Tuesday: Christ Episcopal Church, 103W Jefferson St
Oct-Apr: also First Baptist Church, 632 West Main Street
Wednesday: First Presbyterian Church, 500 Park St
Thursday: Holy Comforter, 735 Park St. (van from library)
Saturday: The Haven #2 on map, 112 W market *1:00pm

Dinner: Salvation Army #1 on map, 207 Ridge St
Monday-Sat: Dinner 5:45 pm

EMERGENCY OVERNIGHT SHELTER

Salvation Army Emergency Shelter #1 on map, 207 Ridge St.
Men, women, families with children. Call 295-4058 or walk-in
10:00am-10:00pm. Police escort required after 10:00 p.m.

PACEM Office at #2 on map, 112 W Market St.
All adults in need, low-barrier shelter; late October to mid-April.
Register via Community Resource Line, Mo-Fr 10am-2pm.

Shelter for Help in Emergency (SHE), call hotline 293-8509
Adults fleeing domestic violence and their children. Call hotline
to screen for admittance.

ReadyKids-Runaway Emergency Services
(Ages 12-19) 24-hour hotline 972-7233

Families in Crisis 434-296-3872
Assistance & resources for homeless families.

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EMERGENCY FOOD

Emergency Food Bank Emergency Food Network: 3 days' supply, 1xmonth. Call 979-9180 weekdays 9am-noon.

Loaves and Fishes: 11 days' supply, 1xmonth. 2050 Lambs Road, Charlottesville, VA 22901. See website for hours: http://cvilleloaves.org

Church-Based Food Pantries (by day of the week)
Mon through Wed - Holy Comforter Catholic Church, 208 E Jefferson St., Charlottesville, VA 22902
Mon and Wed - Church of our Saviour Episcopal, 1165 Rio Rd East, Charlottesville, VA 22901
3rd Wed/mo - St. Paul's Episcopal Church, 851 Owensville Rd., Charlottesville, VA 22901
1st Fri/mo - Thomas Jefferson Memorial Church, 717 Rugby Rd, Charlottesville, VA 22903
2nd Sun/mo - Bethany Seventh Day Adventist, 401 Harris Rd, Charlottesville, VA 22903

OTHER EMERGENCY NEEDS

United Way: 972-1701, 806 E High St
Rx support, eyeglasses, tax prep, and more.

AIM: 972-1704 Mo-Th 9am-4pm; apply at aimcville.org
Utility and housing aid for Albemarle and Charlottesville.

Love INC: 977-7777, Mo-Fri 9am-4pm.
Emergency financial supports and material aid.

DEPARTMENTS OF SOCIAL SERVICE

Apply for Medicaid, SNAP, TANF, and other benefits
Albemarle, 972-4010, 1600 5th Street, Charlottesville
Charlottesville, 970-3400, 120 7th St NE, City Hall Annex #3 on map
Fluvanna, 842-8221, 8880 James Madison Hwy #B, Fork Union
Greene, 985-5246, 10009 Spotswood Trail, Stanardsville
Louisa, 540-967-1320, 103 McDonald Street, Louisa
Nelson, 263-7160, 203 Front Street, Lovingston

CLOTHING

Belmont Baptist Clothing Closet: 977-6876, 815 Bolling Ave.
Church of the Brethren: 973-3639, 1225 E Rio Rd

Twice Is Nice: 293-8319, 923B Preston Plaza
Salvation Army Thrift Store: 979-5230, 604 Cherry Ave
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<tr>
<th>SUBSTANCE USE SUPPORT</th>
<th>MENTAL HEALTH SUPPORT &amp; TREATMENT</th>
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<tr>
<td>Region Ten Community Services Board</td>
<td>Partners For Mental Health: 977-4673</td>
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<tr>
<td>24-Hr Crisis Line 972-1800 / Recovery Support Line 970-1455</td>
<td>Resource navigation for those transitioning from hospital or jail</td>
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<tr>
<td>SMART Recovery: On Our Own #4 on map, 123 4th St NW Weds and Thurs 6pm</td>
<td>Region Ten Community Services Board: 972-1800</td>
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<tr>
<td>Alcoholics Anonymous 844-558-4422</td>
<td>Walk-in screenings weekdays 8am-noon at 800 Preston Ave</td>
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| Narcotics Anonymous 979-8298 / 800-777-1515 | Mental health and substance addiction treatment, wounded warri-
| Alateen (program for teens) 296-7128 | or, psychiatric rehabilitation, recovery and support services. |

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<tr>
<th>LITERACY/GED</th>
<th>PHYSICAL HEALTH SUPPORT &amp; TREATMENT</th>
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<tr>
<td>Literacy Volunteers of America: 977-3838 / 418 7th Street SE Tutoring in reading, writing, English as a Second Language.</td>
<td>Thomas Jefferson Health District: 972-6200, 1138 Rosehill Dr</td>
</tr>
</tbody>
</table>
| Thomas Jefferson Adult Career Education (TJACE): 961-5461 Walk-in assessment for placement at 935-A 2nd St SE GED prep, family literacy, and career readiness training | Free/sliding scale health screening (STI/STD, HIV, TB, Hep), immun-
| | zations, sexual health and family planning, WIC. |

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<th>DISCRIMINATION SERVICES</th>
<th>CHARLOTTESVILLE FREE CLINIC:</th>
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<tr>
<td>Legal Aid Justice Center: 977-0553, 1000 Preston Ave #A Legal consultation esp. for issues around housing and job discrimination, civil rights, and immigration</td>
<td>296-5525, 1138 Rose Hill Drive, Ste 200</td>
</tr>
</tbody>
</table>
| Central Virginia Legal Aid Society: 296-8851, 1010 Preston Ave Legal consultation esp. for issues around evictions, foreclo-
| | resures, vulnerable populations, and sexual/domestic violence |
| Office of Human Rights: 970-3023, 106 5th St NE Advocacy, mediation, and investigation of discrimination in housing, employment, and benefits | Non-emergency medical care and pharmacy for low-income house-
| | holds, and limited dental services for those w/o dental insurance. |

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<tr>
<th>SEXUAL ASSAULT ADVOCACY &amp; SERVICES</th>
<th>CENTRAL VIRGINIA HEALTH SERVICES:</th>
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<tr>
<td>Sexual Assault Resource Agency (SARA): hotline 977-7273 335 Greenbrier Dr Ste 102, office 295-7273 Sexual assault prevention, education, counseling/therapy, and advocacy for all survivors and bystanders.</td>
<td>227-5264, 901 Preston Ave. Ste 301</td>
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<td>Shelter for Help in Emergency (SHE): hotline 293-8509 Emergency shelter for victims of domestic violence and their children; must call hotline and be screened for admittance.</td>
<td>Formerly The Wellness Center/ Neighborhood Family Health Center</td>
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<th>VETERANS SUPPORT SERVICES</th>
<th>THRIVE Women’s Health:</th>
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<tr>
<td>VA Medical Center: 293-3890, 590 Peter Jefferson Pkwy #250 Community-based outpatient center offering primary care, mental health, lab testing, and referral services</td>
<td>Cville: 979-8888, 320 W Main St.</td>
</tr>
<tr>
<td>Supportive Services for Veteran Families: 804-788-6825 Rapid re-housing and supportive services</td>
<td>Albemarle: 220-3777, 1416 Greenbrier Pl</td>
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<tr>
<td>U.S. Department of Veterans Affairs: 877-434-3838 Supportive housing, transitional housing, rehabilitation, and employment services</td>
<td>Comprehensive sexual health services including gynecology exams, STD testing, pregnancy testing and contraception.</td>
</tr>
<tr>
<td>Virginia Department of Veterans Services: 434-529-6431 1430 Rolkin Ct, Ste 202 Screening for veterans benefits, counseling and mental health, and housing</td>
<td>University of Virginia Health System: 924-0000 general operator</td>
</tr>
<tr>
<td>University Medical Associates: 924-1931, 1222 Jefferson Park Ave Teaching hospital providing comprehensive medical care.</td>
<td>Teen &amp; Young Adult Health Center: 982-0090, 1204 W Main St</td>
</tr>
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<td>University Medical Associates: 924-1931, 1222 Jefferson Park Ave Teaching hospital providing comprehensive medical care.</td>
<td>UVA clinic offering comprehensive services for youth ages 12-24</td>
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<th>EMPLOYMENT SERVICES</th>
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<tr>
<td>Virginia Workforce Center One-Stop: 977-2662 944 Glenwood Station Ln #103 - Information and referral on job training, education and job-search tools and opportunities</td>
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<tr>
<td>Downtown Job Center: 970-3933, 201 E Market St (in the library) Job search, resume writing, interview skills, and support services</td>
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